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Mechanism of the intrinsic arginine finger in heterotrimeric G proteins

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Heterotrimeric G proteins are crucial molecular switches that maintain a large number of physiological processes in cells. The signal is encoded into surface alterations of the $G\alpha$ subunit that carries GTP in its active state and GDP in its inactive state. The ability of the $G\alpha$ subunit to hydrolyze GTP is essential for signal termination. Regulator of G protein signaling (RGS) proteins accelerates this process. A key player in this catalyzed reaction is an arginine residue, Arg178 in $G\alpha_{i1}$, which is already an intrinsic part of the catalytic center in $G\alpha$ in contrast to small GTPases, at which the corresponding GTPase-activating protein (GAP) provides the arginine "finger." We applied time-resolved FTIR spectroscopy in combination with isotopic labeling and site-directed mutagenesis to reveal the molecular mechanism, especially of the role of Arg178 in the intrinsic $G\alpha_{i1}$ mechanism and the RGS4-catalyzed mechanism. Complementary biomolecular simulations (molecular mechanics with molecular dynamics and coupled quantum mechanics/molecular mechanics) were performed. Our findings show that Arg178 is bound to γ -GTP for the intrinsic G α_{i1} mechanism and pushed toward a bidentate α - γ -GTP coordination for the G α_{i1} ·RGS4 mechanism. This movement induces a charge shift toward β -GTP, increases the planarity of γ -GTP, and thereby catalyzes the hydrolysis.

GTPase | FTIR spectroscopy | QM/MM calculations | arginine finger | reaction mechanism

eterotrimeric G proteins serve as a link between G proteincoupled receptors (GPCRs) and second messenger systems like adenylyl cyclases in the cell (1). The inactive trimeric form consisting of the GTPase $G\alpha$ and the $G\beta\gamma$ complex gets activated by a GPCR that acts as a guanine nucleotide exchange factor (GEF). It promotes GDP release and enables GTP uptake at the active site of $G\alpha$, which results in structural changes in the switch I–III regions of the α -subunit (2), separation of the subunits, and signal transduction (3). Termination of the signal is initiated by GTP hydrolysis at the active center of G to GDP and $P_{i}.$ This crucial mechanism is highly conserved among GTPases and requires numerous mechanistic features the protein has to provide [e.g., Mg^{2+} incorporation (4), substrate coordination (5), charge neutralization (6), positioning of the nucleophilic water (7)]. Some of these functions are maintained by two highly conserved residues: an arginine side chain (arginine "finger" in small GTPases) and a carboxyamide near the γ -phosphate (8). In contrast to small GTPases, where the arginine is provided by a GTPase-activating protein (GAP), heterotrimeric G proteins are equipped with an intrinsic arginine finger (Arg178 in $G\alpha_{i1}$), which is located in switch I [residues 178–188 in $G\alpha_{i1}$ (9)] and enables fast hydrolysis compared with small GTPases [factor of 50 (10, 11)]. A GAP protein [(e.g., regulator of G protein signaling 4 (RGS4) in the case of $G\alpha_{i1}$] can further accelerate GTP hydrolysis (12). The importance of the arginine finger manifests in various diseases; for example, single point mutations in $G\alpha_s$ lead to McCune–Albright syndrome (13, 14) and ADP ribosylation of the arginine finger in $G\alpha_s$ by *Vibrio cholerae* leads to cholera disease (15).

We have demonstrated recently how FTIR spectroscopy on $G\alpha_{i1}$ can monitor the GTPase reaction label-free with high spatiotemporal resolution (10). This approach was originally established to elucidate the proton-pump mechanism of bacteriorhodopsin via

protein-bound water molecules (16). In this study, we will focus on the intrinsic arginine finger and elucidate its position and mechanism in intrinsic and RGS4-catalyzed $G\alpha_{i1}$. Current models of the arginine finger mechanism rely on crystal structures that provide atomistic snapshots of the active GTP state using nonhydrolyzable GTP analogs (17, 18), the GDP-AlF₄⁻ intermediate state (17), and the inactive GDP state (19). Upon $G\alpha_{i1}$ isoforms, the position of the arginine finger is variable; for example, in $G\alpha_t Mg^{2+} GTP\gamma S$, it is hydrogen-bonded toward the β - γ -bridging oxygen (20), and in $G\alpha_{i1}$ ·Mg²⁺·GppNHp and $G\alpha_{i1}$ ·Mg²⁺·GTP γ S, it is partially disordered, forming an ion pair with Glu43 (18). In all G α isoforms resolved to date with GDP·AlF₄⁻, the arginine finger is bound to the fluoride group, also facing the bridging β - γ -oxygen atom and the α -GTP group (2, 21–25). The arginine finger of the isoform $G\alpha_{i1}$ seems to be flipped away from the nucleotide in both the GTP state and the GDP state, and it only participates in nucleotide binding during the intermediate AlF₄⁻ state (Fig. 1). However, active structures of Gai1 were solved in presence of sulfur- or nitrogen-substituted GTP analogs only, which may influence the arginine finger position. Furthermore, the position of the arginine finger in the AlF₄⁻ intermediate state could also be influenced by the strong electronegativity of this intermediate state analog. To overcome this problem, we applied time-resolved FTIR spectroscopy with photocaged *para*-hydroxyphenacyl cgGTP (pHPcgGTP), which cleaves rapidly $[10^7 \text{ s}^{-1} (26)]$ and results in the natural GTP nucleotide that triggers the GTPase reaction label- and analog-free. The resulting photolysis and hydrolysis difference spectra reflect the reaction with subangstrom spatial and millisecond temporal

Significance

The α -subunit of heterotrimeric G proteins is a molecular switch that mediates a great number of physiological processes such as vision, smelling, and blood pressure regulation. A GTPase-activating protein (GAP) [e.g. regulator of G protein signaling 4 (RGS4) in the case of G α_{i1}] regulates the off-switch by catalyzing GTP hydrolysis. Here, we present the molecular reactions of GAP catalysis at atomic resolution using a combination of FTIR spectroscopy and biomolecular simulations. In contrast to X-ray structures, not GTP analogs but GTP itself is used. This approach is crucial to reveal now a previously undescribed GAP mechanism for G α . A key player of the hydrolysis reaction, called the arginine finger, is pushed from a monodentate γ -GTP coordination toward a bidentate α - γ -GTP coordination by RGS4, and thereby catalyzes GTP-hydrolysis.

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Fig. 1. Position of the intrinsic arginine finger in crystal structures. In the active GTP_YS-bound state (PDB ID code 1GIA), Arg178 is oriented away from the substrate toward a glutamate (Glu43). In the aluminium-tetrafluoride (AIF₄⁻)-stabilized intermediate (PDB ID code 1GFI), Arg178 points toward the substrate. In the inactive GDP state (PDB ID code 1GP2), Arg178 is again flipped away from the substrate.

resolution. We assigned individual phosphate and protein bands using isotopic labeling and site-directed mutagenesis, and were able to observe the arginine finger position and its mechanism with native GTP. Mutations were selected because of their catalytic relevance (e.g., Arg178, Gln204), effects in previous studies (e.g., Lys180), and spatial proximity to the active site. Positions of all point mutations are indicated in *SI Appendix*, Fig. 1. Molecular mechanics with molecular dynamics (MM-MD) and coupled quantum mechanics/molecular mechanics (QM/MM) simulations complemented the experiments and provided additional evidence for the arginine finger mechanism in heterotrimeric G proteins.

Results

Time-resolved FTIR spectroscopy monitors reactions label-free at atomic resolution and provides both rate constants and structural information that are coded into IR spectra. WT or mutant $G\alpha_{i1}$ was loaded with *pHPcgGTP*, a photolabile GTP derivate that binds to $G\alpha_{i1}$ but is not hydrolyzed. FTIR measurements were triggered by a laser flash that removes the pHP-caged group, resulting in the natural substrate GTP (result a_0 of global fit as detailed in Materials and Methods, termed photolysis in the following) that is subsequently hydrolyzed by $G\alpha_{i1}$ (result a_1 of global fit, termed hydrolysis in the following). Both the photolysis and the hydrolysis reaction were monitored by time-resolved FTIR spectroscopy. The obtained data were evaluated using a global fit (Eq. 1) with one exponential function for $G\alpha_{i1}$ -WT [rate constant $\dot{k} = 0.02 \text{ s}^{-1}$ at 15 °C (10)] or two exponential functions when intermediate formation occurred (Table 1). RGS4-catalyzed measurements were also evaluated using one exponential function. All resulting $t_{1/2}$ values and their SEs are depicted in Table 1. Spectral information is coded into a photolysis spectrum (negative bands correspond to the caged GTP state, and positive bands correspond to the GTP state) and a hydrolysis spectrum (negative bands correspond to the GTP state, and positive bands correspond to the GDP + P_i state). Several $G\alpha_{i1}$ mutants showed an intermediate during the hydrolysis reaction, and were therefore evaluated with an additional reaction rate. The importance of working label- and analog-free can be demonstrated when performing FTIR measurements using N-methylanthraniloyl (MANT)-GTP instead of natural GTP. Using MANT-GTP slows down hydrolysis kinetics by one order of magnitude and signifi-

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cantly alters, due to distortion of the catalytic center, the GTP and protein bands (*SI Appendix*, Fig. 2).

Arg178 Is Bound to γ -GTP in the Active State of $G\alpha_{i1}$. FTIR measurements of $G\alpha_{i1}$ -WT and $G\alpha_{i1}$ -R178S are depicted in Fig. 2. We recently assigned the bands for α -GTP, β -GTP, and γ -GTP $(1,243 \text{ cm}^{-1}, 1,224 \text{ cm}^{-1}, \text{ and } 1,156 \text{ cm}^{-1}, \text{ respectively}); \alpha$ -GDP and β -GDP (1,214 cm⁻¹ and 1,134/1,103 cm⁻¹, respectively); and free phosphate (1,078/991 cm⁻¹) for $G\alpha_{i1}$ -WT (10). Surprisingly, in this study, the γ -GTP vibration of the mutant G α_{i1} -R178S appeared blue-shifted from 1,156 cm⁻¹ to 1,165 cm⁻¹ (Fig. 2), indicating changes in the direct environment of the γ -phosphate. Because the exchange of Arg178 to Ser178 was the only difference between the measurements, we hereby conclude that Arg178 forms a hydrogen bond to γ -GTP in the active state of G α_{i1} . The magnitude of the band shift is in agreement with the literature. A similar blue shift caused by removing a single hydrogen bond was recently described for the small GTPase Ran (4). The mutation Ran-Y32A caused a γ -GTP shift of 12 cm⁻¹. For $G\alpha_{i1}$ -R178S, the band shift was observable in both the photolysis spectrum and the hydrolysis spectrum for measurements in H₂O and measurements in D₂O. The vibrations of α -GTP and β -GTP remained unaltered. To verify that the $G\alpha_{i1}$ -R178S mutation had no effect on α -GTP, we applied isotopic labeling using $\alpha^{18}O_2$ -*pHPcgGTP* in $G\alpha_{i1}$ -R178S and assigned the band at 1,243 cm⁻¹ clearly to α -GTP, similar to G α_{i1} -WT (SI Appendix, Fig. 3). The vibration of α -GDP appeared slightly redshifted from 1,214 cm⁻¹ (G α_{i1} -WT) to 1,208 cm⁻¹ (G α_{i1} -R178S). Mutation of the intrinsic arginine finger slowed down the reaction by almost two orders of magnitude as we previously reported (10), and is comparable to the $G\alpha_{i1}$ -Q204A mutation (Table 1). Kinetics of the cleaved phosphate product bands are depicted in Fig. 2B.

Several G α_{i1} Mutants Exhibit Intermediate Formation During Hydrolysis. Mutation of the intrinsic arginine finger caused a rate separation during hydrolysis, showing an intermediate that preceded hydrolysis with spectral features at 1,280 cm⁻¹ and 1,230 cm⁻¹ (Fig. 24, cyan).

Table 1.	t _{1/2} values obtained from global fits in FTI	R
measuren	ients	

Protein	Temperature	$t_{1/2}$ values (global fit)	
Gα _{i1} -WT	15 °C	32.7 ± 2.5 s	
Gα _{i1} -WT	5 °C	68.2 ± 5.1 s	
Gα _{i1} -E43Q	15 °C	$t_{1/2}$ _1 = 1.9 \pm 0.8 s	
		$t_{1/22} = 55.7 \pm 6.2 \text{ s}$	
Gα _{i1} -T48A	15 °C	$t_{1/21} = 8.6 \pm 1.2 \text{ s}$	
		$t_{1/2} = 75.5 \pm 9.4$ s	
Gα _{i1} -D150N	15 °C	$t_{1/2\ 1} = 25.9 \pm 6.2 \text{ s}$	
		$t_{1/2} = 234.9 \pm 44.0 \text{ s}$	
Gα _{i1} -R178S	15 °C	$t_{1/2\ 1}=9.8\pm0.9\ { m s}$	
		$t_{1/2 \ 2} = 3437.7 \pm 426.8 \ s$	
Gα _{i1} -K180P	15 °C	$t_{1/2\ 1} = 68.9\ \mathrm{s} \pm 26.0\ \mathrm{s}$	
		$t_{1/2}$ ₂ = 537.4 s ± 58.0 s	
Gα _{i1} -Q204A	15 °C	$t_{1/2 \ 1} = 7.1 \ \text{s} \pm 5.4 \ \text{s}$	
		$t_{1/2} = 3406 \text{ s} \pm 939.3 \text{ s}$	
Gα _{i1} -W211A	15 °C	$t_{1/2}$ _1 = 4.4 s \pm 0.4 s	
		$t_{1/2\ 2} = 125.2\ \text{s} \pm 16.3\ \text{s}$	
Gα _{i1} -D229N	15 °C	$t_{1/2}$ _1 = 14.7 s \pm 1.0 s	
		$t_{1/2\ 2} = 53.2\ \text{s} \pm 3.8\ \text{s}$	
Gα _{i1} -E236Q/D237Q	15 °C	$t_{1/2}$ _1 = 6.2 s \pm 0.9 s	
		$t_{1/2} = 60.0 \text{ s} \pm 4.1 \text{ s}$	
Gα _{i1} -E245Q	15 °C	$t_{1/2 \ 1} = 5.1 \ \text{s} \pm 3.4 \ \text{s}$	
		$t_{1/2\ 2} = 53.9\ \text{s} \pm 6.1\ \text{s}$	
Gα _{i1} -WT·RGS4	5 °C	$1.4 \pm 0.3 \ s$	
Gα _{i1} -R178S·RGS4	5 °C	$12.6 \pm 2.7 \text{ s}$	
Gα _{i1} -T48A·RGS4	5 °C	9.6 ± 1.6 s	



Fig. 2. (A) Photolysis and hydrolysis FTIR difference spectra (global fit) of $G\alpha_{i1}$ -WT and the mutant $G\alpha_{i1}$ -R1785. (*B*) Kinetics of cleaved phosphate (1,078 cm⁻¹) for $G\alpha_{i1}$ -WT, $G\alpha_{i1}$ -R1785, and $G\alpha_{i1}$ -R1785 + RGS4 at 15 °C and 5 °C. In *A*, positive bands in the photolysis spectra and negative bands in the hydrolysis spectra correspond to the GTP state. Positive bands in the hydrolysis spectra correspond to the GTP state. Provide the γ -GTP shift caused by the mutation. In *B*, mutation of Arg178 caused a slowdown of the GTPase reaction by two orders of magnitude. RGS4 addition reversed this effect. Kinetic constants obtained from global fits are depicted in Table 1. mAU, milli absorbance units; norm., normalized.

This intermediate was observable for various point mutations in $G\alpha_{i1}$ ($G\alpha_{i1}$ -E43Q, $G\alpha_{i1}$ -K180P, $G\alpha_{i1}$ -D150N, $G\alpha_{i1}$ -E236Q/D237Q, $G\alpha_{i1}$ -D229N, $G\alpha_{i1}$ -W211A, and $G\alpha_{i1}$ -E245Q) and is not an exclusive feature of the arginine mutation. The $t_{1/2}$ values of both rates are depicted in Table 1. We applied isotopic labeling of the $G\alpha_{i1}$ -E43Q mutant using $\alpha^{-18}O_{2^{-}p}$ HPcgGTP and $\beta^{-18}O_{3^{-}p}$ HPcgGTP and found the band at 1,230 cm⁻¹ to be caused by both α -GTP and β -GTP (*SI Appendix*, Fig. 4).

RGS4 Addition Accelerates GTP Hydrolysis in $G\alpha_{i1}$ by Two Orders of Magnitude. In addition to intrinsic FTIR measurements of $G\alpha_{i1}$, we performed measurements with its GAP RGS4 in a 1:1 com-

plex. Like in intrinsic $G\alpha_{i1}$ -WT measurements, no intermediate formation was observed. RGS4 addition accelerated the $t_{1/2}$ value of the GTPase reaction in $G\alpha_{i1}$ by almost two orders of magnitude from 68.2 ± 5.1 s (5 °C) to 1.4 ± 0.3 s (5 °C). Kinetics of the cleaved phosphate product bands are depicted in Fig. 2*B*.

RGS4 Pushes Arg178 Toward a Bidentate α - γ -GTP Coordination. The addition of RGS4 not only accelerated hydrolysis kinetics by two orders of magnitude but also changed the GTP and GDP vibrations. The most prominent change was a band at 1,184 cm⁻¹ that appeared in the photolysis and disappeared in the hydrolysis (Fig. 3, red) (Complete photolysis and hydrolysis spectra from 1,800 cm⁻¹ to 950 cm⁻¹ are depicted in *SI Appendix*, Fig. 5). We applied isotopic labeling using α -¹⁸O₂-*p*HP*cg*GTP (*SI Appendix*, Fig. 6) and β -¹⁸O₃-*p*HP*cg*GTP (*SI Appendix*, Fig. 7), and could thereby determine that the α -GTP vibration caused the band at 1,182/1,184 cm⁻¹ for RGS4-catalyzed G α_{i1} . Moreover, this effect was completely reversible when the intrinsic arginine finger was missing due to the R178S mutation (Fig. 3, cyan), so we can conclude that RGS4 induces a conformational change of Arg178 in such a way that it binds to α -GTP. In addition, Arg178 is simultaneously bound to γ -GTP, because for Ga_{i1}-R178S RGS4, it was seen that in both the photolysis and hydrolysis spectra, the γ -GTP vibration was shifted from 1,156 cm⁻¹ to 1,165 cm⁻¹ (Fig. 3, cyan), like in intrinsic $G\alpha_{i1}$ (Fig. 24). The magnitude of the RGS4-induced α-GTP shift indicates that RGS4 binding changes more than the α -GTP environment (e.g., induces structural changes like torsions or bond lengths and a different charge distribution). The α -GDP vibration was also shifted from 1,214 cm⁻¹ to 1,219 cm⁻¹ in RGS4-catalyzed measurements, which was again reversible when Arg178 was missing. For Gai1-R178S-RGS4, no intermediate formation was observed. To exclude a temperature artifact, we also repeated these measurements at -5 °C and observed no spectral changes. Our measurements demonstrated that the intrinsic arginine finger is bound to γ -GTP for intrinsic G α_{i1} and bound bidentately to α -GTP and γ -GTP for G α_{i1} ·RGS4.

RGS4 Stabilizes Switch I in MD Simulations. We performed MD simulations of intrinsic and RGS4-bound $G\alpha_{i1}$ in the GDP- and GTP-bound states to gain a structural interpretation of the IR



Fig. 3. Hydrolysis FTIR spectra of intrinsic and RGS4-catalyzed $G\alpha_{i1}$ -WT and its mutant R1785. RGS4 shifted the α -GTP vibration from 1,243 cm⁻¹ to 1,184 cm⁻¹. The effect was reversible when Arg178 was mutated. Full spectra of the photolysis and the hydrolysis reaction are depicted in *SI Appendix*, Fig. 5.

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Fig. 4. (*A* and *B*) The rmsd values of switch I C α atoms (CA) during intrinsic (black) and RGS4-bound (red) MD simulations in comparison to the starting structures. Contact matrix analysis of the Arg178–GTP interaction for intrinsic (C) and RGS4-bound (*D*) G α_{i1} in the MD simulations. In *A* and *B*, depicted data are 100-ns simulations averaged over 100-ps time windows. The stabilization of switch I by RGS4 is evident. The rmsd between switch I of intrinsic and RGS4-bound G α_{i1} starting structures is 0.18 nm. In *C* and *D*, black bars indicate H-bonds and white spaces indicate no H-bond formation. Contacts were sampled in time windows of 1 ns. In the intrinsic case, a flexible R178 that is preferably bound to the γ -phosphate is found, whereas RGS4-bound G α_{i1} shows a stable bidentate coordination to α -phosphate.

measurements. RGS4 does not contribute amino acids to the binding pocket of $G\alpha_{i1}$ like, for example, RasGAP; rather, it stabilizes the switch regions of $G\alpha_{i1}$ in a conformation that is probably favorable for GTP hydrolysis (27). We could confirm the proposed mechanism in our simulations. We focused on switch I, because it contains the intrinsic arginine finger, and found this region to be stabilized by RGS4 in both the GDP and GTP states within a simulation time of 100 ns (Fig. 4 *A* and *B*), probably in a conformation that is favorable for hydrolysis. In addition, intrinsic GTPbound $G\alpha_{i1}$ showed lower rmsd values than GDP bound $G\alpha_{i1}$, which is consistent with the observation of increased thermostability of GTP-bound $G\alpha$ subunits in previous studies (2, 20).

MD Simulations Confirm Monodentate (Intrinsic) and Bidentate (RGS4-Catalyzed) Coordination of Arg178. In addition to rmsd calculations, we performed contact matrix analysis of the production runs with a focus on the interaction between Arg178 and the individual phosphate groups. For intrinsic $G\alpha_{i1}$, the arginine finger was bound monodentately to γ -GTP in three of five simulation runs (Fig. 4C), but the coordination to α -GTP (Fig. 4C, run 2) and even a bidentate coordination to α -GTP and γ -GTP were also sampled (Fig. 4C, run 5) in replica runs. Simulations showed large conformational dynamics of Arg178, with the monodentate coordination at γ -GTP being the preferred interaction. It is notable that in all starting structures, the arginine pointed in the opposite direction, forming a stacked π -interaction to Glu43. This coordination was always disrupted, and Arg178 flipped down to the substrate in all simulations. We also repeated the simulations starting from intrinsic Gail·AlF4-GDP [Protein Data Bank (PDB) ID code 1GFI, with GDP·AIF₄⁻ replaced by GDP or GTP], where the arginine is already oriented toward the substrate to exclude starting structure artifacts, and found similar behavior. With RGS4 bound to $G\alpha_{i1}$ (PDB ID code 1AGR), the intrinsic arginine finger was always bound bidentately to α -GTP and γ -GTP. The terminal η -NH₂ groups of the side chain were tightly bound to the oxygen atoms of the α - and γ -phosphate groups. This interaction was never interrupted in all five production runs (Fig. 4D).

IR Band Assignment of $G\alpha_{i1}$ -Arg178. Band assignments were performed using η -¹⁵N₂ isotopically labeled arginine. Protein expression was performed in M9 minimal medium (28) with unlabeled arginine replaced by $\eta^{-15}N_2$ arginine. Purity and labeling efficiency of recombinant proteins were checked via SDS/ PAGE and liquid chromatography (LC)-MS (minimum 92%) labeling efficiency). Isotopic labeling results in a red shift of arginine side-chain vibrations due to the increased reduced masses. Because isotopic labeling of arginine amino acids affects all arginine side chains of $G\alpha_{i1}$, we also performed measurements of the mutant Gai1-R178S to ensure a site-specific assignment. In H₂O, no isotopic shift could be determined because the ν (CN₃H₅⁺) vibration at 1,630–1,680 cm⁻¹ (29) is superimposed by absorptions of water. We exchanged the solvent to D₂O and observed isotopic shifts exclusively in the area between $1,580 \text{ cm}^{-1}$ and $1,610 \text{ cm}^{-1}$ that is described in the literature for the symmetrical and asymmetrical arginine side-chain vibrations (29) in the hydrolysis spectrum (Fig. 5A). The band at 1,604 cm⁻¹ that belongs to the GDP state is shifted to $1,600 \text{ cm}^{-1}$, and the band at 1,590 cm⁻¹ that belongs to the GDP state is shifted to 1,585 cm⁻¹ (Fig. 5B). These band shifts could not be observed in the photolysis spectrum, probably indicating that Arg178 is in the $G\alpha_{i1}$ caged GTP state in a similar position as in the $G\alpha_{i1}$ GTP state. To ensure a site-specific assignment, we also measured the mutant $G\alpha_{i1}$ -R178S (Fig. 5A, orange) and observed that the corresponding bands at $1,604 \text{ cm}^{-1}$ and $1,590 \text{ cm}^{-1}$ were missing. Additional changes at $1,553 \text{ cm}^{-1}$ (negative, Amide II) and around 1,450 cm⁻¹ (positive, Amide II*) are caused by deuterium exchange that follows the hydrolysis (increased flexibility of



Fig. 5. IR band assignment of $G\alpha_{i1}$ -Arg178. (A) Deuterated hydrolysis spectra of unlabeled (black), $\eta^{15}N_2$ arginine-labeled $G\alpha_{i1}$ (red), and the site-specific mutant $G\alpha_{i1}$ -R178S (orange). (B) Detailed view and $\Delta\Delta$ spectrum of the assignment for $G\alpha_{i1}$ -WT. The bands at 1,604 cm⁻¹ (GTP state) and 1,590 cm⁻¹ (GDP state) were assigned to Arg178. These bands are missing in $G\alpha_{i1}$ -R178S. (C) Same bands were assigned for the rate-separated mutant $G\alpha_{i1}$ -K180P. Rate 1 shows a zero-line, and rate 2 shows similar isotopic shifts as $G\alpha_{i1}$ -WT. Positive bands correspond to the GDP state, and negative bands correspond to the GTP state. Arrows indicate band shifts caused by the heavy isotopes. Full hydrolysis spectra from 1,800 to 950 cm⁻¹ are depicted in *SI Appendix*, Fig. 8 ($G\alpha_{i1}$ -WT and $G\alpha_{i1}$ -R178S) and *SI Appendix*, Fig. 9 ($G\alpha_{i1}$ -K180P).

switch regions in the GDP state) and is more pronounced for $G\alpha_{i1}$ -R178S because of the slowed-down hydrolysis (two orders of magnitude). Therefore, the IR bands for Arg178 were assigned to 1,604 cm⁻¹ (G α_{i1} ·GTP) and 1,590 cm⁻¹ (G α_{i1} ·GDP). Complete hydrolysis spectra of unlabeled and labeled G α_{i1} -WT and the G α_{i1} -R178S mutants are depicted in *SI Appendix*, Fig. 8.

IR Band Assignment of Arg178 in $G\alpha_{i1}$ -**K180P.** After the successful band assignment of Arg178 in $G\alpha_{i1}$ -WT, we were also interested in which step the arginine finger takes action in rate-separated mutants. For this purpose, we performed measurements with η -¹⁵N₂ arginine-labeled $G\alpha_{i1}$ -K180P (Fig. 5*C*). The bands at 1,230 cm⁻¹ and 1,280 cm⁻¹ that appeared in the first rate in H₂O were shifted to 1,238 cm⁻¹ and 1,275 cm⁻¹ in D₂O. Isotopic labeling of the first rate showed no band shifts [Fig. 5*C*, double-difference ($\Delta\Delta$) rate 1], whereas the second rate showed that the same bands at 1,604 cm⁻¹ and 1,590 cm⁻¹ were shifted to 1,600 cm⁻¹ and 1,587 cm⁻¹ like in WT G α_{i1} (Fig. 5*C*, $\Delta\Delta$ rate 2). Hence the arginine finger remains bound to GTP in the first rate and changes its conformation exclusively in the second rate second rate of rate-separated G α_{i1} mutants. The $t_{1/2}$ values of the rates were $t_{1/2 1} = 69 \pm 26$ s and $t_{1/2 2} = 537 \pm 58$ s at 15 °C. Complete hydrolysis spectra of unlabeled and labeled G α_{i1} -K180P are depicted in SI Appendix, Fig. 9.

IR Bands of $G\alpha_{i1}$ -Arg178 Differ from the Bands of the Arginine Finger in Ras-RasGAP. The arginine finger mechanism is conserved among many small GTPases. For the RasGAP neurofibromin 1 (NF1), the band assignment of Arg1276 was already performed (30). A band at 1,589 cm⁻¹ was assigned to arginine in a deuterated water environment, and a band at 1,571 cm⁻¹ was assigned to arginine within the binding pocket of Ras-GAP. It was not possible to observe the transient state, where Arg1276 is coupled to GTP, because bond breakage is faster than the movement of Arg1276 into the binding pocket. $G\alpha_{i1}$ is equipped with an intrinsic arginine finger, and we could observe here the arginine finger coupled to GTP (*SI Appendix*, Fig. 10).

IR Bands of the Arginine Finger in $G\alpha_{i1}$ ·RGS4 Differ from Intrinsic $G\alpha_{i1}$. After the observation that Arg178 is coupled bidentately to α-GTP and y-GTP upon RGS binding, we examined whether the vibration of Arg178 in $G\alpha_{i1}$ ·RGS4 also differs from intrinsic $G\alpha_{i1}$. Therefore, we performed FTIR measurements with $\eta^{-15}N_2$ arginine-labeled $G\alpha_{i1}$ in a 1:1 complex with RGS4. Indeed, the bands of Arg178 were no longer found at 1,604 cm⁻¹ and 1,590 cm⁻¹ as assigned for intrinsic Ga_{i1} (SI Appendix, Fig. 11). Isotopic labeling revealed that for both the GTP and GDP states, two bands could be assigned. In the GTP state, bands at 1,601 cm⁻¹ and 1,583 cm⁻¹ were shifted to $1,596 \text{ cm}^{-1}$ and $1,580 \text{ cm}^{-1}$, respectively. In the GDP state, bands at 1,613 cm⁻¹ and 1,593 cm⁻¹ were shifted to 1,610 cm⁻¹ and 1,590 cm⁻¹, respectively. The difference in arginine vibrations supports the monodentate vs. bidentate binding mode we proposed for intrinsic and RGS4-catalyzed $G\alpha_{i1}$. We also performed measurements of the complex Ga_{i1}-R178S·RGS4 in D₂O to assign the site-directed arginine bands; however, in this case, the mutant is too invasive. The resulting photolysis and hydrolysis difference spectra differed significantly from Ga_{i1}·RGS4, disallowing specific assignments. The hydrolysis spectrum of Ga_{i1}-R178S·RGS4 matched the hydrolysis spectrum of intrinsic $G\alpha_{i1}$ with missing bands at 1,604 cm⁻¹ and 1,590 cm⁻¹.

Spectra from QM/MM Simulations Reproduce FTIR Experiments. To decode the spectral data further, we performed coupled QM/MM simulations and calculated theoretical IR spectra of the individual phosphate groups. We calculated an ensemble of 15 snapshots of a 100-ns MD trajectory (details are provided in *Materials and Methods*) with the functionals B3LYP, M06, and PBE with the basis set 6-31G*. The geometry of the binding pocket, including the intrinsic arginine finger, is depicted in Fig. 64. As shown via



Fig. 6. QM/MM calculations of $G\alpha_{11}$ and $G\alpha_{11} + RGS4$. Binding pocket of intrinsic (A) and RGS4-catalyzed $G\alpha_{11}$ with two different positions of the arginine finger (*B* and *C*) and the corresponding calculated IR spectra from QM/MM calculations in comparison to the experiment (*E*). Shown are mean values and SDs for 15 snapshots of a 100-ns MD simulation. Calculation of geometry 2 (C) resulted in eclipsed (α - β - γ)-GTP (*D*). Although calculation of geometry 1 (*B*) with RGS4 resulted in higher α -GTP vibrations in comparison to the β -GTP vibrations, this trend is reversed for the eclipsed geometry 2 (*C*), which is in line with the experiment (*E*). Spectra were scaled according to the Computational Chemistry Comparison and Benchmark Database (M06/6-31G*: 0.95). Results with the functionals B3LYP and PBE were similar and are depicted in *Sl Appendix*, Fig. 12.

MD simulations and experiments, Arg178 is coupled to γ -GTP. Mean values and SDs of each of 15 QM/MM simulations for the functional M06 are depicted in Fig. 6*E* and compared with peak maxima and full width at half-maximum values of the experiment (FTIR). The functional M06/6-31G* exactly reproduces experimental peaks and band widths for ν_{AS} P α -O₂, ν_{AS} P β -O₂, and ν_{AS} P γ -O₃. Calculated IR vibrations of B3LYP/6-31G* and PBE/6-31G* showed slightly decreased absolute wavenumbers, but with comparable spacing and SDs, indicating the calculated geometry matches the experimental situation (*SI Appendix*, Fig. 12).

Bidentate Coupling of Arg178 Causes Eclipsed (α - β - γ)-GTP Conformation. Because the experiments predicted only a bidentate coupling of Arg178 to α -GTP and γ -GTP, we calculated different starting positions of Arg178, with N ϵ oriented away from α -GTP (PDB ID code 1AGR) (Fig. 6B) and N ε oriented toward α -GTP (Fig. 6C), as suggested by 19F NMR of Rho-GAP (31). Both conformations caused significant shifts of the individual GTP vibrations (Fig. 6E), but only the latter conformation formed α - β - γ eclipsed GTP (Fig. 6D). The eclipsed α - β -oxygens in this geometry were proposed to stretch the bridging P-O-P bonds, and thereby catalyze GTP hydrolysis (11). Experimental band assignments for the $G\alpha_{i1}$ -RGS4 complex were already performed, showing a slight RGS4-induced blue shift (+6 cm⁻¹) for β -GTP (*SI Appendix*, Fig. 7) and a large red shift of α -GTP of -59 cm⁻¹, resulting in a shift of the α -GTP vibration between the β -GTP and γ -GTP vibrations (Fig. 3 and SI Appendix, Fig. 6). This behavior was not reproduced in calculations with the N ϵ group of Arg178 turned away from α -GTP (Fig. 6E). In this case, the β -GTP band was shifted to the opposite direction than in the experiments and the α -GTP band showed higher wavenumbers than the β -GTP band (Fig. 6*E*). Only with the N ϵ group of Arg178 pointing toward α -GTP (Fig. 6C) could the experimental behavior be reproduced with a small blue shift of β -GTP and a large red shift of α -GTP below the β -GTP frequency (Fig. 6*E*). However, the experimental α -GTP shift of -59 cm⁻¹ could not be reproduced quantitatively. The calculated average

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 α -GTP shift was only -20 cm^{-1} , which still reproduced the experimental behavior qualitatively.

Origin of the –**59 cm**⁻¹ α -**GTP Shift.** The QM/MM calculations suggested a tight coordination of α -GTP between Arg178 on one side and Thr48 on the other side. Therefore, we performed FTIR measurements of intrinsic and RGS4-catalyzed G α_{i1} -T48A and assigned the α -GTP band via isotopic labeling (*SI Appendix*, Fig. 14), resulting in an α -GTP band of 1,270 cm⁻¹ for intrinsic G α_{i1} -T48A and a red shift to 1,222 cm⁻¹ for G α_{i1} -T48A-RGS4. This point mutation decreased the RGS4-induced α -GTP shift from –59 cm⁻¹ (G α_{i1} -WT) to –48 cm⁻¹ (G α_{i1} -T48A), which is representative of a strong hydrogen bond. Hydrolysis kinetics of the G α_{i1} -T48A mutant with and without RGS4 appeared slightly slowed down to $t_{1/2} = 9.6 \pm 1.6$ s (5 °C), which is one order of magnitude slower than G α_{i1} -RGS4 ($t_{1/2} = 1.4 \pm 0.3$ s) and in the same range as G α_{i1} -R178S-RGS4 ($t_{1/2} = 12.6 \pm 2.7$ s) (Table 1), demonstrating that Thr48 is relevant for RGS4-catalyzed hydrolysis of G α_{i1} .

QM/MM Simulations Show Charge Shifts and Structural Rearrangements That Assist GTP Hydrolysis. We evaluated the QM/MM $G\alpha_{i1}$ -GTP geometries and calculated Merz-Kollman partial charges [electrostatic potential fitting (ESP)] for each GTP atom. Charge distribution showed that upon RGS4 binding and rearrangement of Arg178, charges are transferred from γ -GTP to the bridging β - γ -oxygen (Fig. 7 and *SI Appendix*, Fig. 13). The bridging oxygen becomes more negative from -0.5 e^- (intrinsic) to -0.6 e^- (RGS4-catalyzed). Upon product formation, one net charge is transferred to the β -phosphate ($q_{\beta-GTP} = -1 e^-; q_{\beta-GDP} = -2 e^-$). RGS4 binding already transfers 10% of this charge in QM/MM calculations of the educt state (Fig. 7). In addition, the terminal Py-oxygen atom that binds the nucleophilic attacking water becomes more positive, which might decrease the negative y-GTP barrier the attacking water has to cross upon hydrolysis. Analysis of the y-GTP angles showed that upon RGS4 binding and Arg178 movement, the γ -GTP group becomes more planar (Fig. 7). The corresponding angle is shifted below 100°, facilitating Walden inversion of the γ -GTP group that is needed for a second-order kinetics nucleophilic substitution (S_N2) hydrolysis mechanism.



Fig. 7. RGS4-catalyzed GTP hydrolysis model in $G\alpha_{i1}$. (A) Binding pocket, electrostatic potential fitting (ESP) partial charges, and bond angle of GTP in intrinsic $G\alpha_{i1}$ obtained from QM/MM calculations on the level M06/6-31G*. Shown are mean values of each of 15 snapshots. (B) Binding pocket, ESP partial charges, and bond angle of GTP in $G\alpha_{i1}$ -RGS4. Shown are mean values of each of 15 snapshots. RGS4 pushes Arg178 from a monodentate coordination of GTP (A) to a bidentate coordination of GTP (B). Thereby, charges are shifted to the bridging β - γ -oxygen (B, blue arrow), which stabilizes the intermediate state and thereby catalyzes GTP hydrolysis. Detailed charge distributions on the levels B3LYP/6-31G* and PBE/6-31G* show the same trend and are depicted in *SI Appendix*, Fig. 13.



Fig. 8. Schematic representation of the mechanisms in G α_{i1} -RGS catalysis. (A) RGS4 stabilizes the planar intermediate that corresponds to the GDP-AlF₄⁻ crystal structure. (B) RGS4 transfers charges toward β -GTP. Upon hydrolysis, the β -phosphate gets more negative from -1 to -2 e⁰. RGS4 binding already transfers 0.1 e⁰ in the prehydrolysis state. (C) RGS4 puts GTP into an (α - β - γ) eclipsed conformation. This eclipsed conformation creates a strain in the substrate, and thereby facilitates hydrolysis.

RGS4 Pushes $G\alpha_{i1}$ -Arg178 from a Monodentate to a Bidentate GTP Coordination. Our findings are summarized in Figs. 7 and 8. In contrast to crystal structures, Arg178 is bound to γ -GTP in the active state of $G\alpha_{i1}$ in solution. RGS4 catalyzes GTP hydrolysis in $G\alpha_{i1}$ by pushing Arg178 from a monodentate γ -GTP coordination to a bidentate α - γ -GTP coordination. This change is accompanied by increased planarity of the γ -GTP group (Fig. 84), charge transfer toward β -GTP (Fig. 8*B*), and formation of (α - β - γ) eclipsed GTP (Fig. 8*C*).

Discussion

Here, we have elucidated the intrinsic and GAP-catalyzed molecular reaction of the intrinsic arginine finger of $G\alpha_{i1}$ label-free with high spatiotemporal resolution by a combination of FTIR spectroscopy and molecular simulations. GTP itself, and not GTP analogs as in X-ray structure analysis, was used. The arginine finger of heterotrimeric G proteins is hydrogen-bonded to γ -GTP in the active state of intrinsic Gai1. RGS4 binding causes stabilization of the switch areas, and thereby pushes the arginine finger to a bidentate α - γ -GTP coordination. GTP hydrolysis in GTPases (e.g., EF-G, EF-Tu, Ras, Ran, $G\alpha_{i1}$) is proposed to take place in an $S_N 2$ mechanism via in-line attack of a water molecule at γ -GTP, with inversion of coordination around the phosphate (32-37). Many of the proposed aspects were directly observed by combination of FTIR spectroscopy and QM/MM calculations in the present study. First, the inversion of γ -GTP (38) is prepared by the G α_{i1} -RGS4 complex (Fig. 8A). The O-Py-O angle is twisted from a tetrahedral geometry toward a planar geometry that is proposed to be the transition state before inversion. A corresponding pentavalent planar transition state analog is resolved in a number of crystal structures with aluminum fluoride and GDP (2, 6, 39, 40). Displacement of Arg178 in Gai1-RGS4 toward a-GTP pulls the hydrogen-bonded γ -oxygen atom toward a more planar geometry (Fig. 8A). Second, displacement of the arginine finger resulted in reorganization of the charge distribution: β-GTP becomes more negative (Fig. 8*B*). While in the GTP state, the β -phosphate moiety has a formal charge of -1, but its charge is increased to -2 in the

GDP state. Thus, the RGS4-induced movement of the intrinsic arginine finger from a monodentate γ -GTP toward a bidentate α - γ -GTP coordination, which transfers a negative charge to β -GTP, induces a more product-like charge distribution. A shift toward the charge distribution of the transition state lowers the activation barrier, and thereby catalyzes the reaction. The more dissociative the character of the transition state is, the more its charge distribution resembles the charge distribution of the product (41). This mechanism is in excellent agreement with previous studies (2, 42, 43) that suggest charge transfer via the arginine finger as an important mechanism of GTP hydrolysis in small GTPases. Third, RGS4 coupling to $G\alpha_{i1}$ twists GTP from a β - γ eclipsed conformation to a α - β - γ eclipsed conformation (Fig. 8C). It was shown previously for the small GTPase Ras-GAP system that this mechanism creates a strain in GTP, and thereby catalyzes the hydrolysis of GTP (11). Bidentate substrate binding caused a red shift of the α -GTP band (Fig. 3). The extent of the IR shift (-59 cm⁻¹) that exceeds the expected shift of an additional hydrogen bond indicated that further structural alterations and charge shifts are caused by Arg178. To exclude the possibility that the α -GTP band is influenced by the second critical amino acid of $G\alpha_{i1}$, Gln204, we also performed FTIR measurements of the mutant $G\alpha_{i1}$ -Q204A and found almost no spectral changes (SI Appendix, Fig. 15). Biomolecular simulations revealed that the extent of the α -GTP shift is caused by eclipsed $(\alpha - \beta - \gamma)$ -GTP and tight coordination of α -GTP between Arg178 and Thr48. Accordingly, Thr48 is also relevant for RGS4-catalyzed GTP hydrolysis in $G\alpha_{i1}$ because it slowed down hydrolysis by one order of magnitude (Table 1). This finding is contrary to the small GTPase Ras, where the corresponding inverse mutation, Ras-A18T, was described to cause mild forms of cancer (44), demonstrating the GAP mechanism of small GTPases and heterotrimeric GTPases is different. The presented model could not be deduced from a number of $G\alpha_{i1}$ crystal structures that were solved with sulfur- or nitrogen-substituted, nonhydrolyzable GTP analogs. Interestingly the position that is occupied by Arg178 in our simulations of intrinsic $G\alpha_{i1}$ is identical to the position of the $O \rightarrow S$ substitution at the γ -phosphate in various structures (2, 45-48). Sulfur substitution causes altered biochemical and biophysical properties of the γ -GTP group (e.g., an increased van der Waals radius), probably hindering the Arg178 binding. However, some crystal structures of $G\alpha$ isoforms [e.g., $G\alpha_{i1}$ -T329A (49)] feature a different sulfur position. By rotation around the P β -O-P γ -O torsion angle, the terminal γ -GTP γ S group is rotated and faces the side chain of Lys46 and the backbone of Gly203. The rotation of the γ -GTP γ S group is accompanied by the binding of Arg178 to α -GTP and γ -GTP exactly as demonstrated here for $G\alpha_{i1}$ RGS4 (Fig. 64). Similar behavior of the intrinsic arginine finger is also observable in the G α isoform G α t (PDB ID code 1TND), where Arg174 is pointing toward β - γ -GTP, interestingly also with N ϵ oriented toward α -GTP as suggested by our QM/MM simulations (Fig. 6C). Several crystal structures that were stabilized with GDP-AlF₄⁻ also show that Arg178 is oriented toward the nucleotide (e.g., PDB ID code 1GFI). The combination of FTIR experiments and QM/MM simulations presented here was able to distinguish between this broad ensemble of crystal structure conformations and to choose the conformation that Arg178 adopts in solution. We also performed FTIR measurements of the conservative mutant Ga_{i1}-R178K (SI Appendix, Fig. 16), which showed an almost unperturbed vibration of γ -GTP at 1,155 cm⁻¹, probably indicating that Lys178 is also bound to γ -GTP. However, the kinetics of $G\alpha_{i1}$ -R178K are slowed down to the level of $G\alpha_{i1}$ -R178S, demonstrating that not only the charge of the arginine but also the precise geometry that enables bidentate binding is important for hydrolysis. Hydrolysis kinetics of WT or mutant $G\alpha_{i1}$ in FTIR measurements agree with previous studies using other methods on WT $G\alpha_{i1}$ (50–52), the R178S mutant (51), and the K180P mutant (53). The acceleration by RGS4 by approximately two orders of magnitude is reproduced, as well as the ability of RGS4 to accelerate $G\alpha_{i1}$ -R178S to nearly WT kinetics (51). For the related isoform $G\alpha_s$, no RGS protein is known that can accelerate GTP hydrolysis, preventing the corresponding arginine finger mutants of $G\alpha_s$ from regaining activity due to GAP binding; it might also explain now why mutation of the arginine finger in $G\alpha_s$ -affected patients much more compared to $G\alpha_{i1}$ (13, 14) and might open new roads for reversing the effect of these mutations by small molecules. For Ga_{i1}-K180P, we observed a kinetic uncoupling between the movement of switch areas and hydrolysis. In agreement, Sprang and coworkers (53) observed conformational changes that preceded the hydrolysis reaction for this mutant. This rate is accompanied by structural changes in switch I, and can therefore be characterized by a change in fluorescence properties (53). We identified label-free spectral marker bands, indicating that the conformational change is accompanied by changes of α -GTP (SI Appendix, Figs. 3 and 4) and β -GTP (SI Appendix, Fig. 4). One might assume that this conformational change is also caused by rotation of the α - β -GTP torsions toward α - β - γ eclipsed GTP. Upon RGS4 addition, the monodentate vs. bidentate binding model is further supported by the assignment of individual IR bands of Arg178. The assigned band at 1,604 cm⁻¹ for intrinsic $G\alpha_{i1}$ GTP disappears when RGS4 binds $G\alpha_{i1}$ and shows an altered band pattern at 1,601 cm⁻¹ and 1,583 cm⁻¹ when Arg178 is bound to α -GTP and γ -GTP (SI Appendix, Fig. 11). The arginine vibration coupled to GTP could previously not be determined because this state is not sufficiently populated in Ras-GAP hydrolysis (SI Appendix, Fig. 10). In conclusion we demonstrated that the intrinsic arginine finger is bound to γ -GTP in the intrinsic active state of G α_{i1} . RGS4 binding pushes the arginine finger toward a bidentate α - γ -GTP coordination, and thereby facilitates GTP hydrolysis by shifting charges toward β-GTP and increased planarity of the \gamma-GTP group. We expect this mechanism to be conserved among heterotrimeric GTPases.

Materials and Methods

Chemicals. The *p*HPcgGTP and the isotopologs α -¹⁸O₂-*p*HPcgGTP and β -¹⁸O₃-*p*HPcgGTP were synthesized as described previously (17, 26, 54, 55). The η -¹⁵N₂-labeled arginine was purchased from Cambridge Isotope Laboratories. Deuterium oxide was purchased from Deutero GmbH.

Cloning. Human $G\alpha_{i1}$ (UniProtKB P63096-1) and human RGS4 (UniProtKB P49798) were amplified as described previously (10). Briefly, genes were cloned into the vector pET27bmod with N-terminal 10× His-tag and tobacco etch virus site, and transformed into *Escherichia coli* DH5 α for amplification. Point mutants of $G\alpha_{i1}$ were created using overlap extension PCR. Each construct was verified by sequencing.

Protein Expression. The plasmid encoding $G\alpha_{i1}$ was transformed into E. coli Rosetta2(DE3) (Novagen, Merck) and incubated at 37 °C overnight on LB agar plates supplemented with 0.2% (wt/vol) glucose, 50 $\mu\text{g/mL}$ kanamycin, and 20 µg/mL chloramphenicol. Precultures were incubated overnight at 37 °C and shaking at 160 rpm in LB supplemented with the same components. The plasmid encoding RGS4 was transformed into E. coli BL21(DE3) (Novagen, Merck) under identical conditions using only kanamycin for plasmid selection. For $G\alpha_{i1}$ main cultures, 1.5 L of M9 medium (50 mM glucose, 2 mM MgSO₄, 0.2 mM CaCl₂, 49 mM Na2HPO4, 22 mM KH2PO4, 11.5 mM NaCl, 23 mM NH4Cl, 0.2 mM thiamine-HCl, 0.5 mM thymine, and 0.62 mM each standard amino acid) supplemented with 50 µg/mL kanamycin was inoculated with the preculture and grown at 37 °C and shaking at 100 rpm to an A600 of 0.5 absorbance units (AU). For isotopic labeling, unlabeled arginine was exchanged for $\eta^{-15}N_2$ arginine in the main culture. Protein expression was induced at 18 °C by the addition of isopropyl 1-thio-β-D-galactopyranoside (IPTG) overnight. For RGS4, main cultures contained 18 L of LB supplemented with 50 µg/mL kanamycin and 0.2% glucose. Cultures were incubated at 37 °C, shaking at 100 rpm, and 20 L/min⁻¹ airflow in a Biostat C20-3 Fermenter (Sartorius), induced with IPTG, and grown at 18 °C for 18 h. Cells were harvested by centrifugation at 5,000 \times g and 4 °C. G α_{i1} was suspended in buffer A containing 20 mM Tris (pH 8), 300 mM NaCl, 1 mM MgCl₂, 0.5 mM EDTA, and 5 mM p-norleucine; RGS4 was suspended in buffer B containing 50 mM Tris (pH 8), 150 mM NaCl, 0.5 mM EDTA, and 5 mM p-norleucine. Cells were flashfrozen and stored at -80 °C until protein purification.

Protein Purification. Purification was performed as described (10). Briefly, cells were thawed, disrupted with a microfluidizer M-110L (Microfluidics Corp.), and centrifuged for 45 min at 45,000 × g and 4 °C to remove cell fragments. In contrast, RGS4-containing cells were centrifuged with an additional low-speed steep for 15 min at 18,000 × g and 4 °C. Supernatants were applied to a 25-mL nickel-nitrilotriacetic acid superflow columm (Qiagen) and eluted with buffers containing 200 mM imidazole. Fractions containing Ga_{i1} or RGS4 were screened via SDS/PAGE, pooled, concentrated to 5 mL using a 10,000 molecular weight cutoff (MWCO) concentrator (Amicon Ultra-15; Merck Millipore), and applied to an Illustra HiLoad 26/600 Superdex 200-pg column (GE Healthcare Life Sciences). Peak fractions were collected and concentrated to *ca*. 20 mg/mL for Ga_{i1} or *ca*. 10 mg/mL for RGS4. Proteins were aliquoted, flash-frozen in liquid nitrogen, and stored at -80 °C until utilization.

Control of Labeling Efficiency with LC-MS. Efficiency of arginine $\eta^{-15}N_2$ labeling was checked via LC-MS in cooperation with Claudia Lindemann (Medical Proteome Center, Ruhr University, Bochum, Germany). Labeling efficiency was determined for four digested peptide fragments [AVVYSNTIQSIIAIIR (92.6% labeled), EYQLNDSAAYYLNDLDR (93.0% labeled), QLFVLAGAAEEGFMTAE LAGVIKR (92.6% labeled), and IAQPNYIPTQQDVLR (93.2% labeled)] and resulted in an overall label efficiency of 92.8% \pm 0.3%. Ga_{i1}-K180P was arginine $\eta^{-15}N_2$ -labeled with an efficiency of 96.7 \pm 0.5%. Both Ga_{i1}-WT and Ga_{i1}-K180P showed no scattering of heavy isotopes to amino acids other than arginine.

Nucleotide Exchange to pHPcgGTP. Nucleotide exchange reactions of WT and mutant $G\alpha_{i1}$ were performed in the presence of alkaline phosphatase coupled to agarose beads (Sigma-Aldrich Chemie GmbH,). Phosphatase beads were washed five times with 50 mM Tris (pH 7.5) and 100 µM ZnSO₄, with each washing step followed by centrifugation at 10,000 \times g until the supernatant was free of phosphatase. Five milligrams of WT or mutant $G\alpha_{i1}$ was supplemented with 50 mM Tris (pH 7.5), 10 μ M ZnSO₄, and a twofold molar excess of unlabeled or oxygen-labeled pHPcgGTP. Samples were incubated for 3 h and analyzed via reversed-phase HPLC (LC-2010; Shimadzu) [mobile phase: 50 mM P_i (pH 6.5), 5 mM tetrabutylammoniumbromide, 7.5% (vol/vol) acetonitrile; stationary phase: ODS-Hypersil C18 column] for remaining GDP. After >95% of GDP was hydrolyzed to guanosine, samples were centrifuged at $10,000 \times g$ for 2 min and the supernatant was rebuffered using a Nap5 column (GE Healthcare Life Sciences) to 10 mM Hepes (pH 7.5), 7.5 mM NaCl, 0.25 mM MgCl₂, and 1 mM DTT at 7 °C. Fractions containing the highest protein concentrations were pooled and concentrated using a 10,000 MWCO concentrator (Amicon Ultra-0.5; Merck Millipore). Protein concentrations were determined using Bradford reagent in triplicate, and samples were aliquoted into 107.5-µg portions (5 mM final concentration in FTIR samples). Nucleotide exchange rates to pHPcgGTP were again analyzed via HPLC (always >95% cgGTP). Samples were flash-frozen in liquid nitrogen, lyophilized light-protected for 3 h at -55 °C and 0.05 mbar in a Christ Alpha-1-2 LDPlus lyophilizer (Martin Christ GmbH), and stored packed in parafilm and aluminum foil at -20 °C until utilization. For RGS4-catalyzed measurements, RGS4 was rebuffered using a Micro Bio-Spin P-6 column (Biorad) to 4 mM Tris (pH 7.5), 3 mM NaCl, 0.1 mM MgCl₂, and 0.4 mM DTT. The buffer was prepared at 5 °C to guarantee pH stability in FTIR measurements. Concentrations were determined using Bradford reagent in triplicate, and for each FTIR sample, 65 μ g of RGS4 was joined with 107.5 μ g of G α_{i1} (1:1 complex; lyophilization of isolated RGS4 leads to loss of protein function). Samples were flash-frozen in liquid nitrogen, lyophilized, and stored light-protected at -20 °C.

FTIR Sample Preparation. FTIR sample preparations of intrinsic $G\alpha_{i1}$ were made as described (10). Briefly, lyophilized samples were resuspended in individual buffers to match a final concentration of 200 mM Hepes (pH 7.5), 150 mM NaCl, 5 mM MgCl₂, 200 mM DTT, and 0.1% (vol/vol) ethylene glycol (5 mM protein concentration). Samples were packed between two CaF₂ windows, one with a 10-µm groove, that were sealed with silicon grease; fixed in a metal sample holder; and mounted in a spectrometer (Bruker IFS 66v/S or Vertex 80v; Bruker). Gait-RGS4 was measured in 100 mM Hepes (pH 7.5), 100 mM Tris (pH 7.5), 150 mM NaCl, 5 mM MgCl₂, 20 mM DTT, and 0.1% (vol/vol) ethylene glycol. For deuterated measurements, all stock solutions were prepared in D₂O instead of H₂O. Sample preparation was performed under nitrogen airflow under a transparent plastic cap in order to maximize hydrogen-deuterium (HD) exchange. Samples were constrained under nitrogen airflow and resuspended in D2O five times before the sample was sealed. Efficiency of deuteration was checked by integration of the H₂O and D_2O stretching vibrations in the spectrometer (>90% D_2O).

FTIR Measurements. Measurements were carried out as described (10). Briefly, after background spectra were taken (400 scans), photolysis of the caged

compounds was initiated with a laser flash at 308 nm with an LPX 240 XeCl excimer laser (Lambda Physics; 80 flashes within 160 ms). The time point zero is defined after 40 laser flashes. The reaction was followed in the rapid scan mode of the spectrometer at 5 °C or 15 °C for intrinsic $G\alpha_{i1}$ or at 5 °C for $G\alpha_{i1}$ -RGS4. Data were analyzed via global fit (56). The time-resolved absorbance change $\Delta A(\nu, t)$ is described by the absorbance change induced by photolysis $a_0(\nu)$ followed by a number n of exponential functions fitting the amplitudes a for each wavenumber ν . In the case of n = 1, a_1 corresponds to the hydrolysis spectrum:

$$\Delta A(\nu, t) = a_0(\nu) + \sum_{l=1}^n a_l(\nu) \left(1 - e^{-k_l t}\right).$$
[1]

In the figures, disappearing bands face downward and appearing bands face upward. Data were averaged over at least three measurements. Evaluation was performed in MATLAB R2012a (The MathWorks, Inc.) and OPUS (Bruker Corp).

MD Simulations and Evaluation. Structures of active $G\alpha_{i1}$ (PDB ID code 1GIA), inactive $G\alpha_{i1}$ (PDB ID code 1GIA, chain A), $GDP \cdot AlF_4^-$ -bound $G\alpha_{i1}$ (PDB ID code 1GFI), and $G\alpha_{i1}$ ·RGS4 (PDB ID code 1AGR) were prepared in the Moby program suite (57). Structure preparation included dihedral, angle, and bond corrections according to the UA amber84 force field (58), protonation according to pK_a calculations using the PKA,Max,UH,JAB3 algorithm in Moby, and replacement of nucleotide analogs with natural GTP or GDP. Systems were initially solvated according to the Vedani algorithm (59), and thoroughly solvated in a cubic simulation cell with transferable intermolecular potential with 4 points (TIP4P) water and 154 mM NaCl in GROMACS 4.0.7 (60-63). Systems were energy-minimized using steepest descent and heated to 310 K using the Berendsen thermostat and barostat with a time step of 1 fs for 25 ps with, restrained protein backbone positions in the optimized potentials for liquid simulations all atom (OPLS/AA) force field (64). Electrostatics were calculated using PME (0.9 nm) and a van der Waals cutoff of 1.4 nm. Production runs were carried out without restraints for 100 ns in five replicas per system (total simulation time of 2 μ s). Evaluation was performed using the GROMACS package (g_rms) and the contact matrix algorithm implemented in Moby. Pictures were created using PyMOL (Schrödinger LLC) and Gnuplot 4.4 (65).

QM/MM Calculations. Snapshots from equilibrated MM simulations (25-100 ns in 5-ns steps for each system) were truncated substructure-based around 1.5 nm of the QM core (GTP + Mg^{2+} + Mg^{2+} -coordinating water molecules). Nearest Na/Cl ions were taken into account to ensure the total charge of the system was zero. The QM core region (51 atoms) was embedded in a mobile MM region (0.5 nm), which was embedded in a fixed MM region containing protein and solvent centers (1.5 nm) that was again embedded by a fixed MM region containing protein centers beyond 1.5 nm of the QM core (MM layer ca. 6,000 atoms). Initially, a single point calculation was performed using our own N-layered integrated molecular orbital and molecular mechanics (ONIOM) QM/MM embedded method (66-68) implemented in Gaussian09 (69). Calculated Merz-Kollman (ESP) charges were transferred to an external quasi-newton Broyden–Fletcher–Goldfarb–Shanno minimizer (70, 71) implemented in the Moby program suite. The mobile MM layer was optimized, and the updated coordinates were retransferred to the Gaussian program system, where a full optimization of the QM part with QM/MM embedding according to the ONIOM scheme was performed. This procedure was repeated two times, followed by spectra calculation in the Gaussian program using normal mode analysis. No imaginary frequencies were observed for each calculation, indicating a minimum structure was always reached. Even a normal mode analysis of the MM part showed no imaginary frequencies, indicating that a minimum structure for both parts was reached successfully. QM calculations were performed with the density functionals B3LYP, M06, and PBE and the basis set 6-31G*. Calculations using the B3LYP functional are well-characterized in the literature. Additional functionals were chosen because of their strengths in dispersion (M06) and small IR scaling factors (PBE). IR frequencies were scaled according to the Computational Chemistry Comparison and Benchmark Database of the National Institute of Standards and Technology, IR frequencies for each vibration were averaged over 15 snapshots for each simulation system, and the SE was calculated for comparison with the experimental band widths. We depicted only the asymmetrical vibrations of the individual phosphate groups, because their high transition dipole moment causes IR intensities that dominate the experimental spectrum. QM/MM calculations showed two distinct $\nu_{AS}(P\gamma-O_3)$ bands for γ -GTP, whereas the experiments showed only γ -GTP vibration, which was previously described for small GTPases in the literature (2, 72). Therefore, mean values for $\nu_{AS}(P\gamma-O_3)$ were depicted to enable comparison with the experiment. The whole QM/MM calculation

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Supplemental Dataset:

Mechanism of the Intrinsic Arginine Finger in Heterotrimeric G-Proteins

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Supplemental Figure 1: Locations of the investigated point mutants in $G\alpha_{i1}$ (PDB-ID 1GIA)



Supplemental Figure 2: Exchange of GTP to MANT-GTP significantly alters kinetics and infrared spectra of $G\alpha_{i1}$ -WT

Positive bands in the photolysis correspond to the GTP state, negative bands correspond to the caged-GTP state. Positive bands in the hydrolysis reaction represent the GDP state of $G\alpha_{i1}$ whereas negative bands represent the GTP state.



Supplemental Figure 3: Assignment of IR bands of α -GTP and α -GDP in G α_{i1} -R178S in H₂O

Positive bands in the photolysis correspond to the GTP state, negative bands correspond to the caged-GTP state. Positive bands in rate 1 and 2 of the hydrolysis reaction represent the GDP state of $G\alpha_{i1}$ -R178S whereas negative bands represent the GTP state. Arrows indicate band shifts caused by the heavy isotopes.



Supplemental Figure 4: $\alpha^{18}O_2$ pHPcgGTP and $\beta^{18}O_3$ pHPcgGTP labeling of the rate that preceded hydrolysis in $G\alpha_{i1}$ -E43Q

The mutant $G\alpha_{i1}$ -E43Q shows an additional rate that precedes the hydrolysis reaction. Isotopic labeling using $\alpha^{18}O_2$ pHP*cg*GTP and $\beta^{18}O_3$ pHP*cg*GTP showed that the band at 1230 cm⁻¹ is caused by α - and β -GTP. Double differences ($\Delta\Delta$) are the result of labeled minus unlabeled spectra. Arrows indicate band shifts caused by the heavy ¹⁸O isotopes.



Supplemental Figure 5: Photolysis (A) and Hydrolysis (B) spectra of intrinsic and RGS4 catalyzed $G\alpha_{i1}$ -WT and the mutant $G\alpha_{i1}$ -R178S. RGS4 addition shifts the α -GTP vibration to lower wavenumbers. This effect is reversible when Arg178 is mutated (C).



Supplemental Figure 6: α -GTP / α -GDP band assignments of $G\alpha_{i1}$ ·RGS4 in H₂O

Positive bands in the photolysis correspond to the GTP state, negative bands correspond to the caged-GTP state. Positive bands in the hydrolysis reaction represent the GDP state of $G\alpha_{i1}$ ·RGS4 whereas negative bands represent the GTP state. Arrows indicate band shifts caused by the heavy isotopes.



Supplemental Figure 7: β -GTP / β -GDP band assignments of $G\alpha_{i1}$ ·RGS4 in H₂O

Positive bands in the photolysis correspond to the GTP state, negative bands correspond to the caged-GTP state. Positive bands in the hydrolysis reaction represent the GDP state of $G\alpha_{i1}$ ·RGS4 whereas negative bands represent the GTP state. Arrows indicate band shifts caused by the heavy isotopes.



Supplemental Figure 8: Infrared band assignment of $G\alpha_{i1}$ -Arg178

Deuterated hydrolysis spectra of unlabeled (black) and $\eta^{15}N_2$ -Arg labeled G α_{i1} (A). Detailed view (B) and double difference spectrum ($\Delta\Delta$) of the assignment. The bands at 1604 cm⁻¹ (GTP state) and 1590 cm⁻¹ (GDP state) are assigned to Arg178. This assignment is site specific since the bands were also missing in the mutant G α_{i1} -R178S (C). Positive bands correspond to the GDP state, negative bands correspond to the GTP state. Arrows indicate band shifts caused by the heavy isotopes. Grayed out areas are superimposed by DOD bending of deuterated water.



Supplemental Figure 9: Infrared band assignment of $G\alpha_{i1}$ -Arg178 in the rate separated mutant $G\alpha_{i1}$ -K180P

A: rate 1 and 2 of unlabeled (black) and $\eta^{15}N_2$ -Arg labeled $G\alpha_{i1}$ -K180P (red). B: double differences ($\Delta\Delta$) of rate 1 show a zero-line, exclusively rate 2 shows isotopic shifts for the bands 1604 cm⁻¹ and 1590 cm⁻¹ like in wildtype $G\alpha_{i1}$. Positive bands correspond to the GDP state, negative bands correspond to the GTP state



Supplemental Figure 10: Infrared bands of the arginine finger in $G\alpha_{i1}$ and Ras·GAP and their corresponding $\eta^{15}N_2$ shifts (gray) in comparison.

In $G\alpha_{i1}$ 1604 cm⁻¹ represents the GTP-bound state of the arginine finger whereas 1590 cm⁻¹ represents the GDP state. In Ras•GAP 1589 cm⁻¹ represents the arginine in a water environment whereas 1571 cm⁻¹ represents the arginine finger within the binding pocket but after bond beakage (17). The GTP bound state is not resolved in Ras•GAP and could now be resolved for the first time in $G\alpha_{i1}$.



Supplemental Figure 11: Isotopic labeling of the arginine finger in RGS4 catalyzed FTIR measurements of $G\alpha_{i1}$.

The intrinsic vibrations of Arg178 at 1604 and 1590 cm⁻¹ were no longer observable when RGS4 was added, probably due to altered GTP coordination. Positive bands represent the GDP state whereas negative bands represent the GTP state.



Supplemental Figure 12: QM/MM calculations of $G\alpha_{i1}$ and $G\alpha_{i1}$ -RGS4.

Intrinsic (A) and RGS4 catalyzed G α_{i1} (C,E) and the corresponding calculated IR spectra from QM/MM simulations (B,D,G). QM/MM spectra calculation (B) of intrinsic G α_{i1} -GTP (A) on the levels B3LYP/6-31G*, M06/6-31G* and PBE/6-31G* in comparison to the experiment (FTIR). Shown are mean values and standard deviations for 15 snapshots of a 100 ns MD simulation. (D,G) Shown are RGS4 induced α -, β - and γ -GTP shifts for configurations (C) and (E), respectively. Calculation of configuration (E) resulted in eclipsed (α - β - γ)-GTP (F). While calculation of geometry (C) with RGS4 resulted in higher α -GTP vibrations in comparison to the β -GTP vibrations (solid lines) this trend is reversed (G) for the eclipsed geometry (E) (solid lines) which is in line with the experiment. All spectra were scaled according to CCCBDB (B3LYP/6-31G*: 0.96; M06/6-31G*: 0.95; PBE/6-31G*: 0.99).



Supplemental Figure 13: Detailed ESP Charge distribution of intrinsic and RGS4 bound $G\alpha_{i1}$

(A) ESP partial charges of intrinsic and RGS4 bound $G\alpha_{i1}$ on the levels B3LYP/6-31G*,

M06/6-31G* and PBE/6-31G*. Charge is transferred towards the bridging β - γ -GTP oxygen

(O6). Atom names match those in panel (C). (B) planarity of γ -GTP is increased when RGS4 is bound.



Supplemental Figure 14: Band assignment of α -GTP for the mutant G α_{i1} -T48A+RGS4.

In $G\alpha_{i1}$ -T48A+RGS4 the α -GTP band is shifted from 1184 cm⁻¹ to 1220 cm⁻¹, indicating the RGS4 induced 59 cm⁻¹ α -GTP band shift is caused by strong binding of α -GTP between Arg178 and Thr48.



Supplemental Figure 15: FTIR measurements of $G\alpha_{i1}$ -WT and $G\alpha_{i1}$ -Q204A

Photolysis and hydrolysis spectra almost match completely. The γ -GTP band at 1155 cm⁻¹ is slightly red-shifted to 1152 cm⁻¹ and G α_{i1} -Q204A shows an intermediate rate with a spectral feature at 1150 cm⁻¹. Half-live values of global fits are depicted in Table 1.



Supplemental Figure 16: FTIR measurements of Gα_{i1}-R178K

The γ -GTP vibration of G α_{i1} -R178K resembles more the G α_{i1} -WT γ -GTP vibration at 1155 cm⁻¹ than the γ -GTP vibration of G α_{i1} -R178S, probably indicating that Lys178 is also bound to γ -GTP. However, hydrolysis kinetics are comparably slowed down, indicating not only the charge of the arginine finger is important but also its geometry.

	Σ Pγ-O ₃	(Ργ-) Ο(-Ρβ)	$Σ Pβ-O_2$	(Ρβ-) Ο (-Ρα)	Σ Pα-O ₂
$G\alpha_{i1}$	-1.53	-0.52	-0.45	-0.50	-0.48
$G\alpha_{i1}$ +RGS4	-1.45	-0.60	-0.50	-0.46	-0.50

Supplemental Table 1: Charge sums (ESP) in QM/MM calculations (M06/6-31G*)