

An ATR–FTIR Sensor Unraveling the Drug Intervention of Methylene Blue, Congo Red, and Berberine on Human Tau and A β

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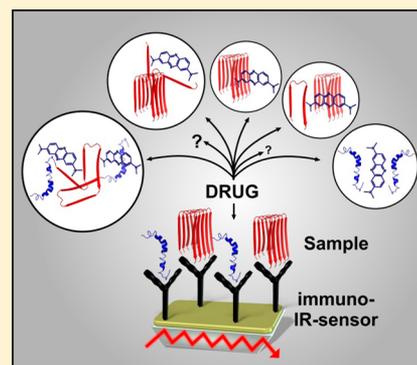
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S Supporting Information

ABSTRACT: Alzheimer's disease affects millions of human beings worldwide. The disease progression is characterized by the formation of plaques and neurofibrillary tangles in the brain, which are based on aggregation processes of the A β peptide and tau protein. Today there is no cure and even no *in vitro* assay available for the identification of drug candidates, which provides direct information concerning the protein secondary structure label-free. Therefore, we developed an attenuated total reflection Fourier transform infrared spectroscopy (ATR–FTIR) sensor, which uses surface bound antibodies to immobilize a desired target protein. The secondary structure of the protein can be evaluated based on the secondary structure sensitive frequency of the amide I band. Direct information about the effect of a drug candidate on the secondary structure distribution of the total target protein fraction within the respective body fluid can be detected by a frequency shift of the amide I band. Thereby, the extent of the amide I shift is indicative for the compound efficiency. The functionality of this approach was demonstrated by the quantification of the effect of the drug candidate methylene blue on the pathogenic misfolded tau protein as extracted from cerebrospinal fluid (CSF). Methylene blue induces a shift from pathogenic folded β -sheet dominated to the healthy monomeric state. A similar effect was observed for congo red on pathogenic A β isoforms from CSF. In addition, the effect of berberine on synthetic A β_{1-42} is studied. Berberine seems to decelerate the aggregation process of synthetic A β_{1-42} peptides.

KEYWORDS: ATR–FTIR, immunoassay, protein drug intervention, methylene blue, berberine, Tau, amyloid beta



In 1886 Paul Ehrlich discovered the staining of nervous cells by methylthioninium chloride or methylene blue (MB).¹ MB is a compound that is applied in many different scientific fields.^{2–5} The aggregation of the tau protein is a characteristic of several tauopathies such as Alzheimer's disease (AD), Huntington's disease (HD), or Pick's disease (PiD).^{6–8} The analysis of repeat regions of tau and the disruption of fibril formation was frequently studied.^{9–11} Claude Wischik showed in 1996 the selective inhibition of tau protein aggregation by MB.¹² In the last decades MB was investigated in several studies to delay the progression of cognitive decline in tauopathies and is nowadays analyzed in a clinical phase III trial.^{13–15} In 2013 the oxidation of the cysteine residues (C291/C322) was found to be a mechanistic reason for the inhibition of tau aggregation.¹⁶ Recently, the inhibition of microtubule affinity-regulating kinase (MARK4) by MB was reported, which describes an additional target and explanation how MB functions at molecular level.¹⁷

The fast and simple analysis of a potential drug interacting with a protein is an emerging field, especially in the research of

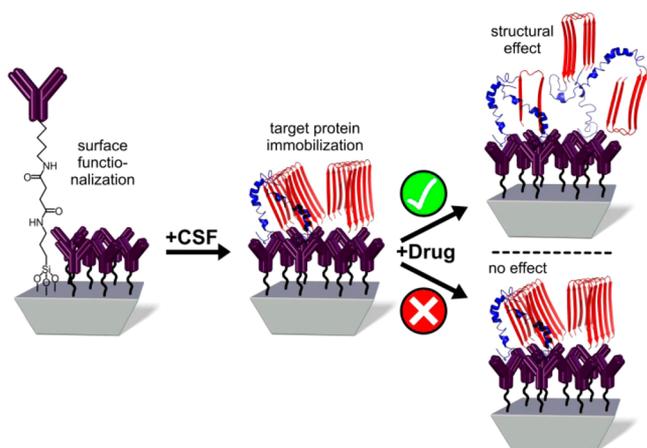
neurodegenerative diseases.^{18–21} In the upcoming decades, medical treatment to prevent the pathological progression of these diseases will be one of the major challenges of mankind, most notably due to demographic change of society. To monitor such drug effect on a target protein we employed attenuated total reflection Fourier transform infrared spectroscopy (ATR–FTIR) difference spectroscopy. Our assay closes the gap between high throughput assays and animal models. The approach is universally applicable, also for human body fluids, easily accessible, and delivers data in real-time without requiring any label (Scheme 1).

We previously demonstrated the development of an immuno–IR sensor with synthetic A β peptides,²³ and recently, we were able to determine the secondary structure distribution of the extracted A β fraction from body fluids and detect therewith AD with an 90% accuracy for CSF and 84% for blood

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Scheme 1. General Principle for the Developed Drug Sensor^a

^aThe desired antibody against a target protein (e.g., tau, $A\beta$) is covalently attached by silane chemistry.²² Subsequently, the secondary structural changes within the target protein upon application of a drug candidate are measured.

plasma analyses.²⁴ Based on this approach we focused on the analysis of drug interactions with the two major targets in AD, the tau protein and $A\beta$ peptide. A detailed description of the sensor surface preparation principle can be found in the literature.^{22–24} Briefly, we employed silane chemistry to modify the surface of the germanium ATR crystal to covalently attach the desired monoclonal IgG antibody (tau-5 for tau).²² The immobilization is monitored within the ATR–FTIR spectrometer. After 2 h as presented in Figure S1A, the immobilization of the antibody is completed and an absorbance of 5 mOD is reached (Figure S1). After a blocking step,²³ a complex sample such as cerebrospinal fluid (CSF) was flushed over the sensor and all isoforms of the tau protein were extracted from pooled CSF samples of AD patients (Figure S1B). Due to the fact that a representative mixture of all tau protein isoforms is extracted out of the CSF, the absorbance maximum of the amide I band can differ and was therefore also used as a marker band for the diagnosis of the disease.²⁴ To analyze the effect of the potential drug MB, the immobilized tau protein fraction was incubated with a 50 μM solution of MB in PBS buffer (pH 7.4). As shown in Figure 1A a significant shift of the amide I peak position from 1640 to 1653 cm^{-1} was observed, which indicates a structural change from a β -sheet enriched secondary structure distribution to a mainly α -helical or random coil structure (Scheme 1). Similar spectral differences in the secondary structure composition of soluble monomeric and paired helical filaments of tau were also described in the literature.²⁵ The drug intervention becomes even more obvious in the double difference spectrum of the treated (blue) minus the untreated (red) state (Figure 1B). Here, the distribution of the tau protein secondary structure shows a negative band at 1625 cm^{-1} before the drug intervention, indicating β -sheets or fibrils, whereas the corresponding positive band at 1655 cm^{-1} is typical for α -helices.^{26,27} Thus, with this assay it is possible to monitor the drug effect of methylene blue *in vitro* without any label. Thereby, the drug effect was analyzed in a concentration range of 5 to 50 μM (Figure S2). The shift of the amide I maximum position depends on the concentration of MB and a proportional shift for the lower concentrations and saturation for the higher concentrations was observed. To ensure that the

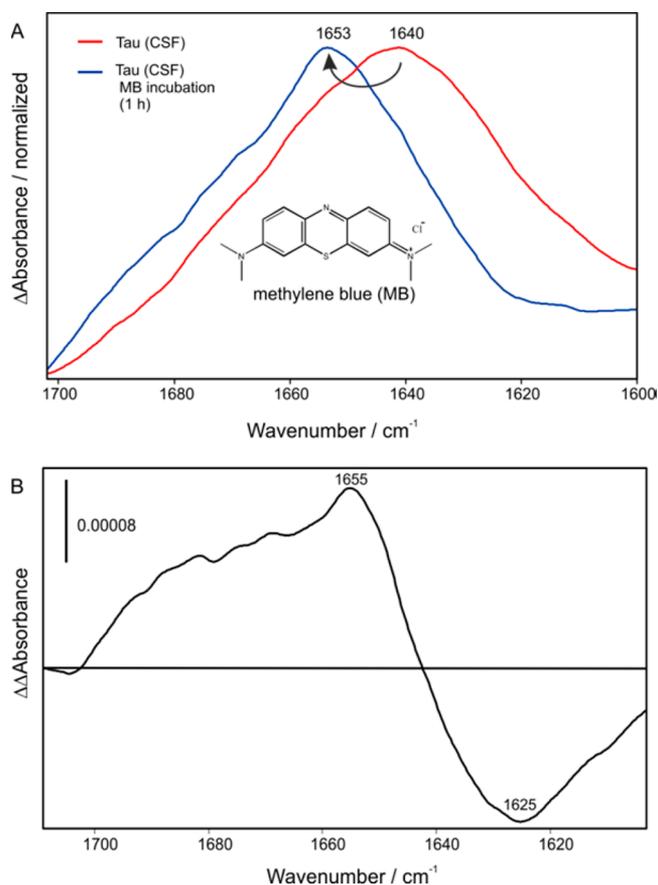


Figure 1. (A) Tau protein was immobilized on an antibody terminated germanium surface. The amide I of the tau protein from human CSF represents an increased level of β -sheet isoforms in the total tau fraction leading to an absorbance maximum of 1640 cm^{-1} (red). Upon treatment with the potential drug MB the amide I shifts to 1653 cm^{-1} indicating a structural change to α -helical and disordered conformations. (B) Double difference spectrum of the MB treated state (blue) minus the untreated baseline state (red), which indicates a change from a β -sheet to an α -helical/random secondary structure distribution of tau.

observed effect originates from MB the following controls were performed: At first the immobilized antibody was incubated with MB, and no effect was observed (Figure S3). Furthermore, the immobilized tau was investigated under identical conditions with and without MB intervention, and the changes in the wavenumber were plotted against time (Figure 2A). The orange data points show a slight change in wavenumber about ± 1 , whereas with the MB a 10 wavenumber shift is detected (black squares, Figure 2A). To further strengthen the results a second small molecule berberine was investigated. Berberine comes from the traditional Chinese medicine and has shown to have positive effect on several diseases,^{28–30} and might also have a positive effect on AD as shown in animal models.^{28,31,32} Therefore, we incubated the immobilized tau protein extracted from human CSF with 100 μM berberine (PBS buffer, pH 7.4), but no shift of the amide I maximum was revealed; thus, berberine has no significant effect on the tau protein secondary structure (Figure 2B). Since the approach is universal, it can be applied to observe secondary structure changes of any target protein and the corresponding drug candidate.

In the next step, the possible intervention of MB and berberine on the synthetic $A\beta_{1-42}$ peptide was investigated. The $A\beta_{1-42}$ peptide is known for spontaneous fibrillization,³³ thus

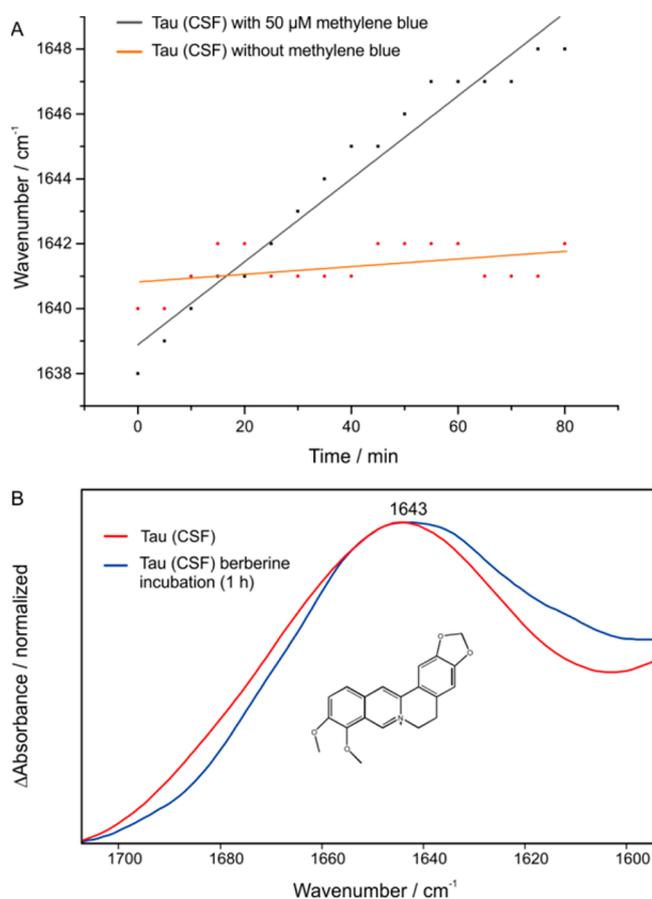


Figure 2. Control experiments regarding the effect of MB *in vitro*. (A) Without MB only a small change in the amide I maximum is observed (± 1 cm^{-1}), whereas in the presence on MB a clear shift of 10 wavenumbers is detected, indicating a secondary structural change from a β -sheet/fibril dominated state to a mainly monomeric state. (B) In contrast to the intervention with MB, the treatment with berberine has no significant effect on the amide I band of the tau protein.

we analyzed the spontaneous fibrillization of $A\beta_{1-42}$ immobilized on the described sensor. For the immobilization the conformation insensitive antibody A8978 was chosen due to its known excellent properties.²⁴ The synthetic $A\beta_{1-42}$ was monomerized with hexafluoro-isopropanol²³ and for the analysis 100 μg (22 μM) was flushed over the germanium surface and the fibrillization process was monitored for 18 h. The result is presented in Figure 3 (blue line) with an amide I maximum of 1634 cm^{-1} and an overall β -sheet dominated secondary structure distribution, which is consistent with the literature.³⁴⁻³⁶ The corresponding intermediate state of the process (160 min) has a maximum of 1643 cm^{-1} representative for mainly random or monomeric secondary structures but also portions of (self-) aggregated $A\beta$ species (light blue dashed line, Figure 3). The same experiment was now performed in the presence of 100 μM berberine. After the immobilization of $A\beta_{1-42}$ (1 h) a solution of 100 μM berberine in PBS was added to the system and circulated for further 17 h (total 18 h as in the control). The measured amide I band shows an absorbance maximum of 1659 cm^{-1} with a small shoulder at 1634 cm^{-1} (red line, Figure 3) and a corresponding intermediate state (160 min) with a maximum of 1653 cm^{-1} (orange dashed line, Figure 3). This indicated that incubation with berberine prevented self-aggregation of synthetic $A\beta_{1-42}$ already within

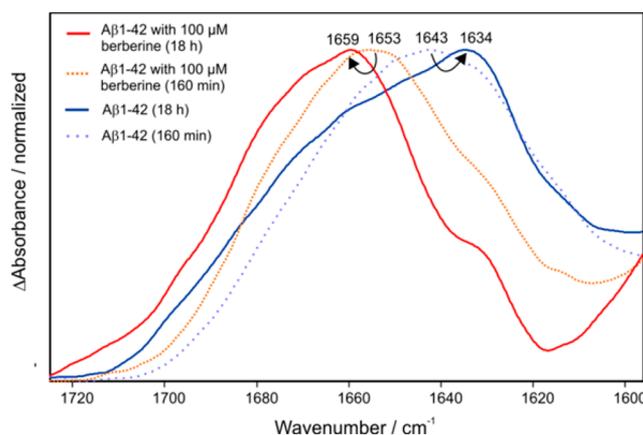


Figure 3. $A\beta_{1-42}$ peptide was immobilized on an antibody (A8978) terminated germanium surface. The blue spectrum shows a secondary structure with an absorbance maximum at 1634 cm^{-1} characteristic for a distribution $A\beta_{1-42}$ with a high amount of aggregated or fibrillized isoforms.²⁴ Addition of the potential drug berberine (100 μM) resulted in a different secondary structure distribution dominated now by a mainly monomeric isoform of $A\beta_{1-42}$ at 1659 cm^{-1} (red spectrum), however, with a significant shoulder at 1634 cm^{-1} . The dashed spectra show intermediate states of the process after 160 min, with (dashed orange spectrum) and without berberine (dashed light blue spectrum). A lower amide I maximum of $A\beta_{1-42}$ without berberine incubation was expected because of self-aggregation processes within the first 160 min.

the first 100 min after immobilization. The effect of berberine on $A\beta_{1-42}$ was further investigated by employing fibrillized $A\beta_{1-42}$ for the immobilization experiment.²³ As shown in Figure S4, neither the incubation with 100 μM nor 1 mM berberine affects the $A\beta$ fibril since the IR spectra remain unchanged (Figure S4). This led to the assumption that berberine seems to decelerate the fibrillization of $A\beta_{1-42}$ *in vitro*, but does not influence fibrils that already have been formed. Still, it could be an interesting drug candidate against the aggregation of $A\beta_{1-42}$. In contrast to the effect of berberine on $A\beta$, intervention of the immobilized $A\beta$ fraction from pooled AD CSF samples with congo red demonstrated a conformational change to predominantly monomeric isoforms. This effect was dependent on concentration and spectroscopically indicated by an amide I maximum shift to higher wavenumbers (Figure S6).

Furthermore, the interaction of MB with synthetic $A\beta_{1-42}$ was investigated with the developed drug sensor. The same protocol as described above for berberine was employed. The incubation of $A\beta_{1-42}$ with 50 μM methylene blue resulted surprisingly in a typical fibril spectrum (for comparison a monomer and fibril spectrum of $A\beta_{1-42}$ are shown in Figure S5), with absorbance bands at 1630 and 1690 cm^{-1} (green spectrum, Figure 4). For comparison spectra of the berberine treated (red spectrum, Figure 4) and untreated $A\beta_{1-42}$ are shown (blue spectrum, Figure 4). The work of Neula et al. describes the promotion of fibrils by the inhibition of oligomerization in the presence of MB.³⁷ This result is consistent with our findings and demonstrates the high potential of the established assay because it provides direct information about the effect of a drug candidate on the secondary structure of the target protein without requiring, for example, a fluorescent dye.

In conclusion, we refined the ATR-FTIR system as a platform to analyze the influence of drug candidates on disease related proteins. The shift of the recorded amide I band

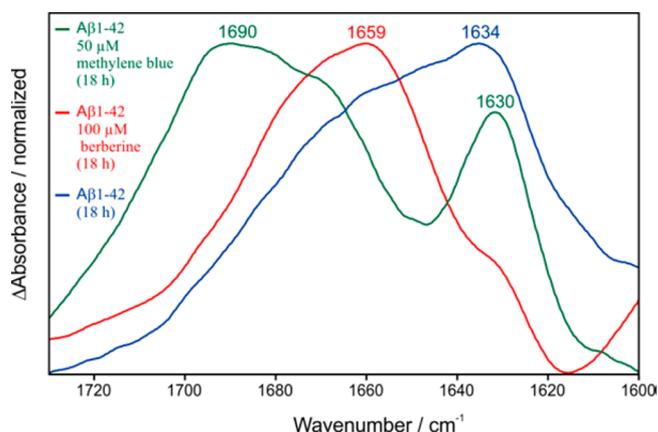


Figure 4. Comparison of the $A\beta_{1-42}$ secondary structure distribution after the incubation with MB (green), berberine (red), and without any drug intervention (blue). Berberine shifts the distribution mainly to monomeric $A\beta$, whereas methylene blue induces β -sheet/fibril formation in agreement with the literature.³⁷

maximum upon drug application is a tool to directly monitor the drug effect. Thereby, the extent of the amide I shift is indicative for the drug efficacy. Competing techniques such as surface plasmon resonance, surface acoustic waves, or quartz crystal microbalance are unable to obtain such detailed information because they are not sensitive to secondary structure changes.³⁸ The presented approach is easily accessible and can be used with both, synthetic protein or protein extracted from complex human samples. In principle, it can be applied universally on any protein–drug pair paving the way for preselection of novel drugs.

ASSOCIATED CONTENT

Supporting Information

The Supporting Information is available free of charge on the ACS Publications website at DOI: 10.1021/acsmchemlett.7b00079.

Immobilization of the tau-5 antibody, extraction of tau proteins from human CSF; intervention effect of MB on the tau protein fraction extracted from human CSF in different concentrations; control measurement of the immobilized antibody and MB; analysis of $A\beta_{1-42}$ fibrils and berberine; typical ATR–FTIR difference spectra of immobilized monomeric and fibrillized $A\beta_{1-42}$; intervention effect of CR on the $A\beta$ peptide fraction extracted from human CSF in different concentrations; Materials and Methods (PDF)

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Notes

The authors declare no competing financial interest.

ABBREVIATIONS

AD, Alzheimer's disease; ATR–FTIR, attenuated total reflection Fourier transform infrared spectroscopy; CSF, cerebrospinal fluid; MB, methylene blue

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